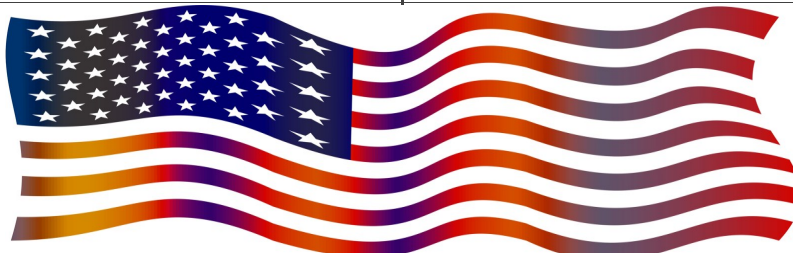



\$3.00 Suggested Donation

June 2022

Call 401-625-6790, at least 24 hours in advance,
to order your delicious lunch!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Split Pea Soup Corned Beef w/ mustard Boiled Seasoned Potato Carrot and Cabbage Blend Veg Lorna Doones Rye Bread Corned beef and Swiss w/ mustard on rye	2 Venus de Milo Soup BBQ Beef Cut Corn Cole Slaw Pudding Corn Bread BBQ Beef on a Roll	3 Red Chowder Seafood Salad 3 bean salad Tri Colored Pasta w/Vinaigrette Fresh Fruit Wheat Dinner Roll Seafood Salad on Wheat
6 Pasta and Bean Soup Entrée Salad Grilled Chicken w/ Strawberry's / Almonds Tomato on Spinach/Iceberg Mix Italian Dressing Sliced Peaches Multi grain bread Grilled Chicken on Multi Grain	7 Vegetable Soup Italian Sausage w/ mustard Pesto Tortellini Peppers & Onions Sponge Cake Sliced Italian Bread Italian Sausage w/ mustard on roll	8 Lentil Soup Swedish Meatballs Noodles Green Beans Fresh Fruit Country White bread Meatball Grinder Sandwich	9 Tomato & Brown Rice Soup Pork Loin w/ Gravy Mashed Potatoes Seasoned Spinach Shortbread Cookie Garlic Roll Pork sandwich on roll	10 Clear Chowder Beer Battered Fish w/Tartar Sauce Lyonnaise Potatoes Broccoli Spears Fresh Fruit 12-Grain Bread Fish Sandwich w/ tartar sauce on 12 Grain Bread
13 Beef Noodle Soup Herb Roasted Grilled Chicken Au Gratin Potatoes Normandy Blend Vegetables Fruit cup Rye Bread Herb roasted grilled chicken on rye	14 <u>Flag Day</u> RED Chowder Chicken Cordon Bleu w/Gravy WHITE Rice Broccoli Cuts BLUE berry Coffee Cake Marble Bread Chicken Salad on Marble	15 Lentil Soup Stuffed Peppers w/Sauce Roasted Potatoes Scandinavian Blend Vegetables Fresh Fruit Dinner Roll Roast beef w/ mayo on Roll	16 <u>HAPPY BIRTHDAY</u> Chicken Escarole Soup French Meat Pie Seasoned Diced Potatoes Broccoli Frosted Cupcake Oat Nut Bread (Egg Salad on Oat Nut Bread) 	17 <u>Father's Day Luncheon</u> Italian Wedding Soup Pot Roast w/Gravy Red Bliss Mashed Potatoes Green Beans Almondine Mandarin Oranges Wheat Roll (Pot Roast on Wheat)
20 POTLUCK DAY!!	21 <u>First day of Summer</u> Lemonade Low Sodium Hot Dog w/ mustard Baked Beans Carrot and Raisin Slaw Sports Bar Wheat dinner roll Hot Dog w/ mustard on a roll	22 Cream of Broccoli Soup Baked Ham w/Pineapple Slice Sweet Potatoes Roasted Vegetables Pudding Rye Bread Ham and cheese w/ mustard on Rye	23 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Seasonal Fruit Oatmeal Bread Seafood Salad on Oatmeal	24 Minestrone Soup Roast Turkey w/Gravy Corn Bread Stuffing Baby Whole Carrots Cookie Wheat Bread Turkey and cheese on wheat
27 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Grain Pasta Italian Blend Vegetables Sliced Peaches Multi Grain Bread (Bologna & Cheese on Multi Grain)	28 Vegetable Soup Fried Steak w/Gravy Wild Rice Cauliflower Brownie Wheat Bread Fried Steak on wheat	29 100% Orange Juice Spanish Omelet Crispy Cube Potatoes Tomato Half Croissant Greek Yogurt Egg and cheese on Croissant	30 Tomato Vegetable Soup Chicken Marsala Mashed Potato Summer Squash Fruit Cocktail Pumpernickel bread Grilled Chicken on Pumpernickel	<i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</i> <i>Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging</i>